

# NCBCA

## Hall of Fame

### Fred Lanford

#### Coaching Experience (W/L)

- Head Coach Hudson High School 1965-1977
- Head Coach South Caldwell High School 1977-2000

#### Coaching Accomplishments

- Northwest 3A Champions four times 1968, 1971, 1976, and 1977 while at Hudson High School
- North Carolina 4A State Champions in 1982 at South Caldwell High School
- 7 Consecutive Conference Championships from 1985-1991 at South Caldwell High School
- Coached Region 7 in 1988 North Carolina State Games
- Undefeated Regular Season (24-0) in 1994 at South Caldwell High School
- Inducted into the Woodruff High School Hall of Fame in 1994
- Inducted into the Caldwell County Hall of Fame in 1994
- Honored with "Fred Lanford Week" in Caldwell County in 1999
- Won 500<sup>th</sup> Baseball Game in 1999
- Career Record of 538-151, 78% winning record while at South Caldwell
- Reached the state playoffs in 19 of 20 years at South Caldwell High School
- Won 19 Conference Titles while at South Caldwell High School
- 30 Winnings Seasons
- North Carolina Coach of the Year in 1982 and 1994
- Northwest Conference Coach of the Year 15 times
- Inducted into George Whitfield Baseball Hall of Fame in 2006
- Inducted into NCHSAA Coaching Hall of Fame in 2009
- Inducted into NCBCA Hall of Fame 2009

#### Playing Experience

- Played at Woodruff High School and Spartanburg Junior College
- Played on 1958 and 1959 SC 3A State Championship teams